

BLOCK SYLLABUS :
COMMON SUBJECTS : SD/SW (ARMY)
(REVISED MAY 2017)

| S No | Subject | First Year | Second Year | Third Year | Total Periods |
|-------------|--|-------------------|--------------------|-------------------|----------------------|
| 1. | The NCC | 02 | 02 | 01 | 05 |
| 2. | National Integration and Awareness | 06 | 07 | 08 | 21 |
| 3. | Drill | 14 | 13 | 16 | 43 |
| 4. | Weapon Training | 12 | 10 | 10 | 32 |
| 5. | Personality Development Life Skills | 09 | 11 | 10 | 30 |
| 6. | Leadership | 04 | 05 | 06 | 15 |
| 7. | Disaster Management | 03 | 03 | 03 | 09 |
| 8. | Social Awareness and Community Development | 05 | 06 | 06 | 17 |
| 9. | Health and Hygiene | 04 | 05 | 04 | 13 |
| 10. | Adventure | 04 | 07 | 04 | 15 |
| 11. | Environment Awareness and Conservation | 01 | 01 | 02 | 04 |
| 12. | Obstacle Training | 02 | 02 | 02 | 06 |
| | Total | 66 | 72 | 72 | 210 |

DETAILED SYLLABUS
COMMON SUBJECTS : SD/SW (ARMY)

1. **The NCC (N).**

| S No | Code | Subject | 1st Year | Type | 2nd Year | Type | 3rd Year | Type | Total Periods |
|-------------|-------------|---|----------------------------|-------------|----------------------------|-------------|----------------------------|-------------|----------------------|
| (i) | N - 1 | Aims and Objective of NCC | 01 | L | - | - | - | - | 01 |
| (ii) | N - 2 | Organisation and Training and NCC Song | 01 | L | - | - | - | - | 01 |
| (iii) | N - 3 | Incentives | - | - | 02 | L | - | - | 02 |
| (iv) | N - 4 | Duties, Responsibility & Conduct by NCC Cadet | - | - | - | - | 01 | L | 01 |
| | | Total | 02 | - | 02 | - | 01 | - | 05 |

2. **National Integration and Awareness (NI).**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------|--------|--|----------------------|----------|----------------------|----------|----------------------|----------|---------------|
| (i) | NI - 1 | Heritage of India | 03 | L | - | - | - | - | 03 |
| (ii) | NI - 2 | Freedom Struggle and Nationalist Movement in India | 03 | L/Di | - | - | - | - | 03 |
| (iii) | NI - 3 | Introduction to Constitution of India | - | - | 03 | L/Di | - | - | 03 |
| (iv) | NI - 4 | National Integration : Importance and Necessity | - | - | 02 | L/Di | - | - | 02 |
| (v) | NI - 5 | Factors affecting National Integration | - | - | 02 | L/Di | - | - | 02 |
| (vi) | NI - 6 | Unity in Diversity | - | - | - | - | 02 | L/Di | 02 |
| (vii) | NI - 7 | Slogans & Images of National Integration | - | - | - | - | 02 | L/Di | 02 |
| (viii) | NI - 8 | Role of NCC in Nation Building | - | - | - | - | 02 | L/Di/ | 02 |
| (ix) | NI - 9 | NCC and Nation Integration | - | - | - | - | 02 | L/Di | 02 |
| | | Total | 06 | - | 07 | - | 08 | - | 21 |

3. **Drill (D).**

(a) **Foot Drill (FD)**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|-------|--------|---|----------------------|------|----------------------|------|----------------------|------|---------------|
| (i) | FD - 1 | Dirll Ki Aam Hidayaten Aur Words of Command | 01 | L/P | - | - | - | - | 01 |
| (ii) | FD - 2 | Savdhan, Vishram, Aram Se Aur Mudna | 01 | L/P | - | - | - | - | 01 |
| (iii) | FD - 3 | Kadwar Sizing, Teen Line Banana, Khuli Line aur Nikat Line Mein March | 01 | L/P | - | - | - | - | 01 |
| (iv) | FD - 4 | Khade Khade Salute Karna Parade Par, Visarjan aur Line Tod | 01 | L/P | - | - | - | - | 01 |
| (v) | FD - 5 | Tej Chal-Tham aur Dhire Chal-Tham | 01 | L/P | - | - | - | - | 01 |
| (vi) | FD - 6 | Dahine, Baen, Aage aur Piche kadam lena | - | - | 01 | L/P | - | - | 01 |
| (vii) | FD - 7 | Tej Chal Se Mudna | 01 | L/P | 01 | L/P | - | - | 02 |

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|--------------|---------|--|-----------|----------|-----------|----------|----------|----------|-----------|
| (viii) | FD - 8 | Tej Chal Se Salute Karna | 01 | L/P | 01 | L/P | - | - | 02 |
| (ix) | FD - 9 | Tej kadam Taal aur tham | - | - | 01 | L/P | - | - | 01 |
| (x) | FD - 10 | Tej Kadam Taal Se kadam Badalna | - | - | 01 | L/P | - | - | 01 |
| (xi) | FD - 11 | Teenon teen se ek file aur ek file se teenon teen banana | 01 | - | 01 | L/P | - | - | 02 |
| Total | | | 08 | - | 06 | - | - | - | 14 |

(b) **Drill With Arms (AD)**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------|--------|---|----------------------|------|----------------------|------|----------------------|------|---------------|
| (xii) | AD - 1 | Rifle Ke Saath Savdhan, Vishram aur Aram Se | 02 | L/P | - | - | - | - | 02 |
| (xiii) | AD - 2 | Rifle Ke Saath Parade Par aur Saj | 01 | L/P | 01 | L/P | - | - | 02 |
| (xiv) | AD - 3 | Rifle Ke Saath Visarjan aur Line Tod | 01 | L/P | 01 | L/P | - | - | 02 |
| (xv) | AD - 4 | Bhumi Shastra aur Uthao Shastra | 01 | L/P | - | - | - | - | 01 |
| (xvi) | AD - 5 | Bagal Shastra aur Baju Shastra | 01 | L/P | - | - | - | - | 01 |

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|--------------|--------|--|-----------|----------|-----------|----------|-----------|----------|-----------|
| (xvii) | AD - 6 | Salami Shastra | - | - | 03 | L/P | 03 | L/P | 06 |
| (xviii) | AD - 7 | Squad Drill | - | - | 02 | L/P | 02 | L/P | 04 |
| (xix) | AD - 8 | Nirikshan Ke Liye Janch Shastra aur Baju Shastra | - | - | - | - | 02 | L/P | 02 |
| Total | | | 06 | - | 07 | - | 07 | - | 20 |

(c) **Ceremonial Drill (CD)**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------------------|--------|------------------------|----------------------|----------|----------------------|----------|----------------------|----------|---------------|
| (xxi) | CD - 1 | Guard Mounting | - | - | - | - | 01 | L/P | 01 |
| (xxii) | CD - 2 | Guard of Honour | - | - | - | - | 03 | L/P | 03 |
| (xxiii) | CD - 3 | Platoon/ Coy Drill | - | - | - | - | 02 | L/P | 02 |
| (xxiv) | CD - 4 | Instructional Practice | - | - | - | - | 02 | L/P | 02 |
| Total | | | - | - | - | - | 08 | - | 08 |
| Grand Total | | | 14 | - | 13 | - | 16 | - | 43 |

4. **Weapon Training.**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------------|--------|---|----------------------|----------|----------------------|----------|----------------------|----------|---------------|
| (i) | WT - 1 | Characteristics of a rifle/rifle ammunition and its fire power | 01 | L/P | - | - | - | - | 01 |
| (ii) | WT - 2 | Stripping, assembling, care and cleaning and sight setting of .22 rifle | 01 | L/P | - | - | - | - | 01 |
| (iii) | WT - 3 | Stripping, assembling, care and cleaning of 7.62 mm SLR | 01 | L/P | - | - | - | - | 01 |
| (iv) | WT - 4 | Loading, cocking and unloading | 01 | L/P | - | - | - | - | 01 |
| (v) | WT - 5 | The lying posn, holding and Aiming - 1 | 01 | L/P | 01 | L/P | 01 | L/P | 03 |
| (vi) | WT - 6 | Trigger control and firing a shot | 01 | L/P | 01 | L/P | 01 | L/P | 03 |
| (vii) | WT - 7 | Range procedure and safety precautions | 01 | L/P | 01 | L/P | 01 | L/P | 03 |
| (viii) | WT - 8 | Theory of group and snap shooting | - | - | 01 | L/P | 01 | L/P | 02 |
| (ix) | WT - 9 | Short range firing, aiming II – Alteration of sight | 05 | P | 06 | P | 06 | P | 17 |
| Total | | | 12 | - | 10 | - | 10 | - | 32 |

5. **Personality Development and Leadership (P).**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------|-------|--|----------------------|------|----------------------|------|----------------------|------|---------------|
| (i) | P - 1 | Introduction to Personality Development | 02 | L | - | - | - | - | 02 |
| (II) | P - 2 | Factors influencing/ shaping personality : Physical, Social, Psychological and Philosophical | 02 | L | - | - | - | - | 02 |
| (iii) | P - 3 | Self - awareness : Know yourself/ insight | 03 | L/P | - | - | - | - | 03 |
| (iv) | P - 4 | Empathy | 02 | L | - | - | - | - | 02 |
| (v) | P - 5 | Critical & Creative Thinking | - | - | 02 | L/Di | - | - | 02 |
| (vi) | P - 6 | Communication Skills : I | - | - | 02 | L/P | - | - | 02 |
| (vii) | P - 7 | Communication Skills : II | - | - | 02 | L/P | - | - | 02 |
| (viii) | P - 8 | Decision Making & Problem Solving | - | - | 02 | L/P | - | - | 02 |
| (ix) | P - 9 | Coping with stress and Emotion | - | - | 02 | L/P | - | - | 02 |
| (x) | P- 10 | Change your Mindset | - | - | 01 | L/P | - | - | 01 |
| (xi) | P- 11 | Time Management | - | - | - | - | 02 | L | 02 |

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|--------------|--------|--|-----------|----------|-----------|----------|-----------|----------|-----------|
| (xii) | P - 12 | Sociability, Social Skills, Etiquettes & Mannerism | - | - | - | - | 02 | L/P | 02 |
| (xiii) | P - 13 | Importance of Group/ Team Work | - | - | - | - | 02 | L/P | 02 |
| (xiv) | P - 14 | Interview Skills | - | - | - | - | 02 | P | 02 |
| (xv) | P - 15 | Career Counselling | - | - | - | - | 02 | L/P | 02 |
| Total | | | 09 | - | 11 | - | 10 | - | 30 |

6. **Leadership Development (LD).**

| S No | Code | Subject | 1st Year | Type | 2nd Year | Type | 3rd Year | Type | Total Periods |
|-------------|-------------|--|----------------------------|-------------|----------------------------|-------------|----------------------------|-------------|----------------------|
| (i) | L - 1 | Leadership Traits | 02 | L | - | - | - | - | 02 |
| (ii) | L - 2 | Indication of Good Leadership | 01 | L | - | - | - | - | 01 |
| (iii) | L - 3 | Leadership & Motivation | 01 | L | - | - | - | - | 01 |
| (iv) | L - 4 | Case Studies on effects of Leadership in NCC | - | - | 02 | L | - | - | 02 |
| (v) | L - 5 | Moral Values & Character traits | - | - | 01 | L | - | - | 01 |
| (vi) | L - 6 | Honours Code Concept | - | - | 02 | L | - | - | 02 |
| (vii) | L - 7 | Case Study I: Vivekanand | - | - | - | - | 02 | L | 02 |

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|--------------|-------|----------------------------|-----------|----------|-----------|----------|-----------|----------|-----------|
| (viii) | L - 8 | Case Study II : Kiren Bedi | - | - | - | - | 02 | L | 02 |
| (ix) | L - 9 | Case Study III : MS Dhoni | - | - | - | - | 02 | L | 02 |
| Total | | | 04 | - | 05 | - | 06 | - | 15 |

7. **Disaster Management (DM).**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------------|--------|--|----------------------|----------|----------------------|----------|----------------------|----------|---------------|
| (i) | DM - 1 | DM Organisation Legislation Policies | 01 | L | - | - | - | - | 01 |
| (ii) | DM - 2 | Types of emergencies/ Natural Disaster | 01 | L | - | - | - | - | 01 |
| (iii) | DM - 3 | Essential Service and their maintenance | 01 | L | - | - | - | - | 01 |
| (iv) | DM - 4 | Traffic control during disaster under Police Supervision | - | - | 01 | L | - | - | 01 |
| (v) | DM - 5 | Role of NCC during Natural Disaster | - | - | 02 | L | - | - | 02 |
| (vi) | DM - 6 | Do's & Dont's for NCC Cadet performing DM duties | - | - | - | - | 01 | L | 01 |
| (vii) | DM - 7 | Fire Service and Fire Fighting | - | - | - | - | 01 | L/P | 01 |
| (viii) | DM - 8 | Civ Defence Organisation & its duties | - | - | - | - | 01 | L | 01 |
| Total | | | 03 | - | 03 | - | 03 | - | 09 |

8. **Social Awareness and Community Development (SA).**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------|---------|---|----------------------|------|----------------------|------|----------------------|------|---------------|
| (i) | SA - 1 | Basics of Social Service its needs | 01 | L | - | - | - | - | 01 |
| (ii) | SA - 2 | Rural Development Programmes | 01 | L | - | - | - | - | 01 |
| (iii) | SA - 3 | NGOs: Role and Contribution | 01 | L | - | - | - | - | 01 |
| (iv) | SA - 4 | Civic Responsibility : Swachh Bharat Abhiyan | 01 | L | - | - | - | - | 01 |
| (v) | SA - 5 | Contribution of Youth towards Social Welfare | 01 | L | - | - | - | - | 01 |
| (vi) | SA - 6 | Social Security Schemes | - | - | 01 | L | - | - | 01 |
| (vii) | SA - 7 | Social Evils viz Dowry/ Female Foeticide/ Child abuse and trafficking etc | - | - | 01 | L | - | - | 01 |
| (viii) | SA - 8 | Drug Abuse & trafficking | - | - | 01 | L | - | - | 01 |
| (ix) | SA - 9 | Causes and Prevention of HIV/ AIDS : Role of Youth | - | - | 01 | L | - | - | 01 |
| (x) | SA - 10 | RTI and RTE | - | - | 01 | L | - | - | 01 |
| (xi) | SA - 11 | Protection of Children | - | - | 01 | L | - | - | 01 |

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|--------------|---------|-------------------------|-----------|----------|-----------|----------|-----------|----------|-----------|
| (xii) | SA – 12 | Road/Rail Travel Safety | - | - | - | - | 01 | L/P | 01 |
| (xiii) | SA – 13 | Govts new Initiative | - | - | - | - | 03 | L | 03 |
| (xiv) | SA – 14 | Counter Terrorism | - | - | - | - | 02 | L | 02 |
| Total | | | 05 | - | 06 | - | 06 | - | 17 |

9. **Health and Hygiene (H).**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------------|-------|---|----------------------|----------|----------------------|----------|----------------------|----------|---------------|
| (i) | H - 1 | Structure and functioning of the human body | 01 | L | - | - | - | - | 01 |
| (ii) | H - 2 | Hygiene and Sanitation (Personal and Food Hygiene) | 02 | L | - | - | - | - | 02 |
| (iii) | H - 3 | Physical and Mental Health | 01 | L | - | - | - | - | 01 |
| (iv) | H - 4 | Infectious and Contagious Diseases and its prevention | - | - | 02 | L | - | - | 02 |
| (v) | H - 5 | First Aid in common medical emergencies | - | - | 03 | L/D/P | - | - | 03 |
| (vi) | H - 6 | Treatment and Care of Wounds | - | - | - | - | 02 | L/P | 02 |
| (vii) | H - 7 | Introduction to Yoga and Exercises | - | - | - | - | 02 | L/D/P | 02 |
| Total | | | 04 | - | 05 | - | 04 | - | 13 |

10. **Adventure Training (ADV).**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------------|---------|------------------|----------------------|----------|----------------------|----------|----------------------|----------|---------------|
| (i) | ADV - 1 | Para Sailing | 04 | L/D/P | - | - | - | - | 04 |
| (ii) | ADV - 2 | Slithering | - | - | 02 | L/D/P | - | - | 02 |
| (iii) | ADV - 3 | Rock Climbing | - | - | 05 | L/D/P | - | - | 05 |
| (iv) | ADV - 4 | Cycling/Trekking | - | - | - | - | 04 | L/P | 04 |
| Total | | | 04 | - | 07 | - | 04 | - | 15 |

11. **Environment Awareness and Conservation (E).**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------------|-------|---|----------------------|----------|----------------------|----------|----------------------|----------|---------------|
| (i) | E - 1 | Natural Resources Conservation and Management | 01 | L/Di | - | - | - | - | 01 |
| (ii) | E - 2 | Water Conservation and Rain water harvesting | - | - | 01 | L/Di | - | - | 01 |
| (iii) | E - 3 | Waste Management | - | - | - | - | 01 | L/Di | 01 |
| (v) | E - 4 | Energy Conservation | - | - | - | - | 01 | LL/Di | 01 |
| Total | | | 01 | - | 01 | - | 02 | - | 04 |

12. **Obstacle Training (OT).**

| S No | Code | Subject | 1 st Year | Type | 2 nd Year | Type | 3 rd Year | Type | Total Periods |
|--------------------|--------|-----------------|----------------------|----------|----------------------|----------|----------------------|----------|---------------|
| (i) | OT - 1 | Obstacle Course | 02 | L/D/P | 02 | L/D/P | 02 | L/D/P | 06 |
| Total | | | 02 | - | 02 | - | 02 | - | 06 |
| Grand Total | | | 66 | - | 72 | - | 72 | - | 210 |

