

**BLOCK SYLLABUS**  
**COMMON SUBJECTS – JD/JW**  
**(REVISED MAY 2017)**

| <b>S No</b> | <b>Subject</b>                             | <b>First Year</b> | <b>Second Year</b> | <b>Total Periods</b> |
|-------------|--|-------------------|--------------------|----------------------|
| 1.          | The NCC                                    | 02                | 03                 | 05                   |
| 2.          | National Integration and Awareness         | 08                | 08                 | 16                   |
| 3.          | Drill                                      | 19                | 21                 | 40                   |
| 4.          | Weapon Training                            | 16                | 14                 | 30                   |
| 5.          | Personality Development and Life Skills    | 09                | 10                 | 19                   |
| 6.          | Leadership                                 | 07                | 06                 | 13                   |
| 7.          | Disaster Management                        | 04                | 04                 | 08                   |
| 8.          | Social Awareness and Community Development | 05                | 06                 | 11                   |
| 9.          | Health and Hygiene                         | 06                | 06                 | 12                   |
| 10.         | Adventure                                  | 08                | 04                 | 12                   |
| 11.         | Environment Awareness and Conservation     | 01                | 02                 | 03                   |
| 12.         | Obstacle Training                          |                   | 01                 | 01                   |
|             | <b>Total</b>                               | <b>85</b>         | <b>85</b>          | <b>170</b>           |

## DETAILED SYLLABUS : COMMON SUBJECTS – JD/JW (ARMY)

### 1. The NCC (N).

| S No         | Code  | Subject   | 1 <sup>st</sup> Year | Type     | 2 <sup>nd</sup> Year | Type     | Total Periods |
|--------------|-------|---|----------------------|----------|----------------------|----------|---------------|
| (i)          | N - 1 | Introduction to NCC, Aims, Organisation, Training and NCC Song          | 02                   | L        | -                    | -        | 02            |
| (ii)         | N - 2 | Incentives  | -                    | -        | 02                   | L        | 02            |
| (iii)        | N - 3 | Duties, Responsibility & Conduct by NCC Cadets                          | -                    | -        | 01                   | L        | 01            |
| (iv)         | N-4   | NCC Camp : Recce, Selection of Camp Site, Camp Hygiene and Camp Routine | -                    | -        | 02                   | L        | 02            |
| <b>Total</b> |       |   | <b>02</b>            | <b>-</b> | <b>05</b>            | <b>-</b> | <b>07</b>     |

### 2. National Integration and Awareness (NI).

| S No         | Code    | Subject   | 1 <sup>st</sup> Year | Type     | 2 <sup>nd</sup> Year | Type     | Total Periods |
|--------------|---------|---|----------------------|----------|----------------------|----------|---------------|
| (i)          | NI - 1  | Heritage of India                                   | 01                   | L        | -                    | -        | 01            |
| (ii)         | NI - 2  | Freedom Struggle and Nationalist Movement in India  | 02                   | L        | -                    | -        | 02            |
| (iii)        | NI - 3  | Famous Leaders of India                             | 01                   | L        | -                    | -        | 01            |
| (iv)         | NI - 4  | Introduction to Constitution of India               | 02                   | L        | -                    | -        | 02            |
| (v)          | NI - 5  | National Integration and its Importance & necessity | 02                   | L        | -                    | -        | 02            |
| (vi)         | NI - 6  | Factors affecting National Integration              | -                    | -        | 02                   | L        | 02            |
| (vii)        | NI - 7  | Unity in Diversity                                  | -                    | -        | 02                   | L        | 02            |
| (viii)       | NI - 8  | Images/Slogans for National Integration             | -                    | -        | 01                   | L        | 01            |
| (ix)         | NI - 9  | Role of NCC in Nation Building                      | -                    | -        | 01                   | L        | 01            |
| (x)          | NI - 10 | NCC & Nation Integration                            | -                    | -        | 02                   | L        | 02            |
| <b>Total</b> |         |   | <b>08</b>            | <b>-</b> | <b>08</b>            | <b>-</b> | <b>16</b>     |

3. **Drill (D).**

| S No   | Code  | Subject  | 1 <sup>st</sup> Year | Type     | 2 <sup>nd</sup> Year | Type     | Total Periods |
|--------|-------|--|----------------------|----------|----------------------|----------|---------------|
| (i)    | D - 1 | Drill Ki Aam Hidayaten aur Words of Command                          | 02                   | L/P      | -                    | -        | 02            |
| (ii)   | D - 2 | Savdhan, Vishram, Aram Se Aur Mudna                                  | 03                   | L/P      | 02                   | L/P      | 05            |
| (iii)  | D - 3 | Kadwar Sizing, Teen Line Banana, Khuli Line Aur Nikat Line Men March | 02                   | L/P      | 02                   | L/P      | 04            |
| (iv)   | D - 4 | Khade Khade Salute Karna   | 03                   | L/P      | 03                   | L/P      | 06            |
| (v)    | D - 5 | Parade Par, Visarjan aur Line Tod                                    | 02                   | L/P      | 02                   | L/P      | 04            |
| (vi)   | D - 6 | Tej Chal - Tham Aur Dhire Chal - Tham                                | 03                   | L/P      | 04                   | L/P      | 07            |
| (vii)  | D - 7 | Tej Chal Se Mudna  | 02                   | L/P      | 03                   | L/P      | 05            |
| (viii) | D - 8 | Tej Chal Se Salute Karna   | 02                   | L/P      | 03                   | L/P      | 05            |
| (ix)   | D - 9 | Individual Word of Command   | -                    | -        | 02                   | L/P      | 02            |
|        |       | <b>Total</b>   | <b>19</b>            | <b>-</b> | <b>21</b>            | <b>-</b> | <b>40</b>     |

4. **Weapon Training.**

| S No   | Code   | Subject   | 1 <sup>st</sup> Year | Type     | 2 <sup>nd</sup> Year | Type     | Total Periods |
|--------|--------|---|----------------------|----------|----------------------|----------|---------------|
| (i)    | WT - 1 | Characteristics of a rifle and its Ammunition                           | 02                   | L        | -                    | -        | 02            |
| (ii)   | WT - 2 | Stripping, Assembling, Care and Cleaning and Sight setting of .22 Rifle | 02                   | L/P      | 02                   | L/P      | 04            |
| (iii)  | WT - 3 | Loading, Cocking and Unloading  | 02                   | L/P      | 02                   | L/P      | 04            |
| (iv)   | WT - 4 | Firing Position and Holding   | 02                   | L/P      | 02                   | L/P      | 04            |
| (v)    | WT - 5 | Aiming, Range and Figure Target   | 02                   | L/P      | 02                   | L/P      | 04            |
| (vi)   | WT - 6 | Trigger Control and Firing a Shot                                       | 02                   | L/P      | 02                   | L/P      | 04            |
| (vii)  | WT - 7 | Range Procedure and Safety precautions                                  | 02                   | L/P      | 02                   | L/P      | 04            |
| (viii) | WT - 8 | Short Range Firing  | 05                   | L/P      | 05                   | L/P      | 10            |
|        |        | <b>Total</b>  | <b>19</b>            | <b>-</b> | <b>17</b>            | <b>-</b> | <b>36</b>     |

5. **Personality Development and Leadership (P).**

| <b>S No</b>  | <b>Code</b> | <b>Subject</b>  | <b>1<sup>st</sup> Year</b> | <b>Type</b> | <b>2<sup>nd</sup> Year</b> | <b>Type</b> | <b>Total Periods</b> |
|--------------|-------------|---|----------------------------|-------------|----------------------------|-------------|----------------------|
| (i)          | P - 1       | Definition Introduction to Personality Devp   | 01                         | L           | -                          | -           | 01                   |
| (II)         | P - 2       | Factors influencing /shaping personality: Physical, Social, Psychological and Philosophical | 02                         | L           | -                          | -           | 02                   |
| (iii)        | P - 3       | Self - awareness - Know yourself  | 02                         | L/P         | -                          | -           | 02                   |
| (iv)         | P - 4       | Critical and Creative thinking  | 02                         | L/P         | -                          | -           | 02                   |
| (v)          | P - 5       | Communication Skills : I  | 02                         | L/P         | -                          | -           | 02                   |
| (vi)         | P - 6       | Communication Skills: II  | -                          | -           | 02                         | L/P         | 02                   |
| (vii)        | P - 7       | Decision making & Problem solving   | -                          | -           | 02                         | L/P         | 02                   |
| (viii)       | P - 8       | Effective use of time   | -                          | -           | 02                         | L/P         | 02                   |
| (ix)         | P - 9       | Coping with stress/ Emotions  | -                          | -           | 02                         | L/P         | 02                   |
| (x)          | P - 10      | Sociability : Social Skills   | -                          | -           | 02                         | L           | 02                   |
| <b>Total</b> |             |   | <b>09</b>                  | <b>-</b>    | <b>10</b>                  | <b>-</b>    | <b>19</b>            |

6. **Leadership Development (LD).**

| <b>S No</b> | <b>Code</b> | <b>Subject</b>                        | <b>1<sup>st</sup> Year</b> | <b>Type</b> | <b>2<sup>nd</sup> Year</b> | <b>Type</b> | <b>Total Periods</b> |
|-------------|-------------|---------------------------------------|----------------------------|-------------|----------------------------|-------------|----------------------|
| (i)         | LD - 1      | Leadership Traits                     | 01                         | L           | -                          | -           | 01                   |
| (ii)        | LD - 2      | Indication of Good Leadership         | 01                         | L           | -                          | -           | 01                   |
| (iii)       | LD - 3      | Leadership & Motivation               | 01                         | L           | -                          | -           | 01                   |
| (iv)        | LD - 4      | Case Studies on effects of Leadership | 02                         | L           | -                          | -           | 02                   |
| (v)         | LD - 5      | Moral Values & Character traits       | 01                         | L           | -                          | -           | 01                   |
| (vi)        | LD - 6      | Honours Code Concept                  | 01                         | L           | -                          | -           | 01                   |
| (vii)       | LD - 7      | Case Study on Subhash Chandra Bose    | -                          | -           | 02                         | L           | 02                   |

|              |        |  |           |          |           |          |           |
|--------------|--------|--|-----------|----------|-----------|----------|-----------|
| (viii)       | LD - 8 | Case Study on Mohandas Karamchand Gandhi | -         | -        | 02        | L        | 02        |
| (ix)         | LD - 9 | Case Study on P V Sindhu                 | -         | -        | 02        | L        | 02        |
| <b>Total</b> |        |  | <b>07</b> | <b>-</b> | <b>06</b> | <b>-</b> | <b>13</b> |

7. **Disaster Management (DM).**

| S No         | Code  | Subject   | 1 <sup>st</sup> Year | Type     | 2 <sup>nd</sup> Year | Type     | Total Periods |
|--------------|-------|---|----------------------|----------|----------------------|----------|---------------|
| (i)          | DM -1 | Types of Natural Disaster                                     | 01                   | L        | -                    | -        | 01            |
| (ii)         | DM -2 | Essential service and their maintenance                       | 01                   | L        | -                    | -        | 01            |
| (iii)        | DM -3 | Role of NCC during Natural Disaster                           | 01                   | L        | -                    | -        | 01            |
| (iv)         | DM -4 | Do's & Dont's for NCC Cadets during performing DM Duties      | 01                   | L        | -                    | -        | 01            |
| (v)          | DM-5  | Fire Service & Fire Fighting                                  | -                    | -        | 02                   | L/D      | 02            |
| (vi)         | DM-6  | Civil Defence Organisation and its duties                     | -                    | -        | 01                   | L        | 01            |
| (vii)        | DM-7  | Civil Administration setup at District Taluka & Village level | -                    | -        | 01                   | L        | 01            |
| <b>Total</b> |       |   | <b>04</b>            | <b>-</b> | <b>04</b>            | <b>-</b> | <b>08</b>     |

8. **Social Awareness and Community Development (SA).**

| S No  | Code   | Subject  | 1 <sup>st</sup> Year | Type | 2 <sup>nd</sup> Year | Type | Total Periods |
|-------|--------|--|----------------------|------|----------------------|------|---------------|
| (i)   | SA - 1 | Basics of Social Service and its Needs                               | 01                   | L    | -                    | -    | 01            |
| (ii)  | SA - 2 | Civic Responsibilities: Swachh Bharat Abhiyan, Sauchh Abhiyan        | 01                   | L    | -                    | -    | 01            |
| (iii) | SA - 3 | Contribution of Youth towards social welfare                         | 01                   | L    | -                    | -    | 01            |
| (iv)  | SA - 4 | Literacy enhancement & Poverty Alleviation & Beti Bachao Beti Padhao | 01                   | L    | -                    | -    | 01            |

|        |              |   |           |          |           |          |           |
|--------|--------------|---|-----------|----------|-----------|----------|-----------|
| (v)    | SA - 5       | Rural Development Programmes  | 01        | L        | -         | -        | 01        |
| (vi)   | SA - 6       | Social Security Schemes   | -         | -        | 01        | L        | 01        |
| (vii)  | SA - 7       | Social Evils viz Dowry/<br>Female Foeticide/<br>Child abuse and trafficking etc | -         | -        | 01        | L        | 01        |
| (viii) | SA - 8       | Drug Abuse and Trafficking  | -         | -        | 01        | L/P      | 01        |
| (ix)   | SA - 9       | Protection of Children & POSCO Act 2012   | -         | -        | 01        | L        | 01        |
| (x)    | SA - 10      | Road/Rail travel Safety   | -         | -        | 01        | L        | 01        |
| (xi)   | SA - 11      | Govts New Development Initiatives I   | -         | -        | 01        | L        | 01        |
| (xii)  | SA-12        | Govts New Development Initiative II   | -         | -        | 01        | L        | 01        |
|        | <b>Total</b> |   | <b>05</b> | <b>-</b> | <b>07</b> | <b>-</b> | <b>12</b> |

9. **Health and Hygiene (H).**

| <b>S No</b> | <b>Code</b>  | <b>Subject</b>  | <b>1<sup>st</sup> Year</b> | <b>Type</b> | <b>2<sup>nd</sup> Year</b> | <b>Type</b> | <b>Total Periods</b> |
|-------------|--------------|---|----------------------------|-------------|----------------------------|-------------|----------------------|
| (i)         | H - 1        | Structure and functioning of the human body           | 01                         | L           | -                          | -           | 01                   |
| (ii)        | H - 2        | Hygiene and Sanitation (Personal and Food Hygiene)    | 02                         | L           | -                          | -           | 02                   |
| (iii)       | H - 3        | Physical and Mental Health                            | 01                         | L           | -                          | -           | 01                   |
| (iv)        | H - 4        | Infectious and Contagious Diseases and its prevention | 02                         | L           | -                          | -           | 02                   |
| (v)         | H - 5        | Basics of First Aid in common medical emergencies     | -                          | -           | 02                         | L/D/<br>P   | 02                   |
| (vi)        | H - 6        | Treatment of Wounds and Fractures                     | -                          | -           | 01                         | L/D         | 01                   |
| (vii)       | H - 7        | Introduction to Yoga and Exercises                    | -                          | -           | 03                         | L/D/<br>P   | 03                   |
|             | <b>Total</b> |   | <b>06</b>                  | <b>-</b>    | <b>06</b>                  | <b>-</b>    | <b>12</b>            |

10. **Adventure Training (ADV).**

| <b>S No</b>  | <b>Code</b> | <b>Subject</b>     | <b>1<sup>st</sup> Year</b> | <b>Type</b> | <b>2<sup>nd</sup> Year</b> | <b>Type</b> | <b>Total Periods</b> |
|--------------|-------------|--------------------|----------------------------|-------------|----------------------------|-------------|----------------------|
| (i)          | ADV - 1     | Adventure Training | 02                         | L/P         | 02                         | L/P         | 04                   |
| <b>Total</b> |             |                    | <b>02</b>                  | <b>-</b>    | <b>02</b>                  | <b>-</b>    | <b>04</b>            |

11. **Environment Awareness and Conservation (E).**

| <b>S No</b>  | <b>Code</b> | <b>Subject</b>                                | <b>1<sup>st</sup> Year</b> | <b>Type</b> | <b>2<sup>nd</sup> Year</b> | <b>Type</b> | <b>Total Periods</b> |
|--------------|-------------|---|----------------------------|-------------|----------------------------|-------------|----------------------|
| (i)          | E - 1       | Natural Resources Conservation and Management | 01                         | L           | -                          | -           | 01                   |
| (ii)         | E - 2       | Water Conservation and Rain water harvesting  | -                          | -           | 01                         | L           | 01                   |
| (iii)        | E - 3       | Waste Management                              | -                          | -           | 01                         | L/Di        | 01                   |
| <b>Total</b> |             |   | <b>01</b>                  | <b>-</b>    | <b>02</b>                  | <b>-</b>    | <b>03</b>            |





